

# Olerud's

GROCERY • OUTDOOR GEAR • APPAREL

## market center

Store Hours: Monday - Saturday 8 am to 7 pm • Sunday 10 am to 6 pm

Prices Effective:  
April 10 - 16, 2024

St. Helens  
BEEF

St. Helens  
Premium Beef  
Sirloin Tip Roast  
Boneless

**5.59**  
lb.



USDA  
CHOICE

local  
THINK • BUY • BE

PRAIRIE  
FRESH  
NATURAL

Prairie Fresh  
Premium  
Pork Loin  
Chops  
Loin or Rib  
Center Cut  
Bone-In, Value Pack

**2.99**  
lb.



Chicken  
Thighs  
No Antibiotics  
Ever  
Value Pack

**2.19**  
lb.



Strawberries  
1 lb.

**4.39**  
ea.

Olson's  
Baking Company  
Angel Food  
Cake Bar  
11 oz.

**3.99**  
ea.



Large  
Slicing  
Tomatoes  
**1.89**  
lb.



Fresh  
Express  
Salad  
Blends  
Selected  
Varieties  
6 to 11 oz.  
**3.59**  
ea.



Yoplait  
Yogurt  
Selected  
Varieties  
4 to 6 oz.

**3\$2**  
for

Essential  
Everyday  
100%  
Apple Juice  
or Cider  
Selected  
Varieties  
64 oz.

**3.99**



Barilla  
Pasta  
12 to 16 oz.  
or Hunt's  
Pasta Sauce  
24 oz.  
Selected Varieties

**2\$5**  
for



local  
THINK • BUY • BE

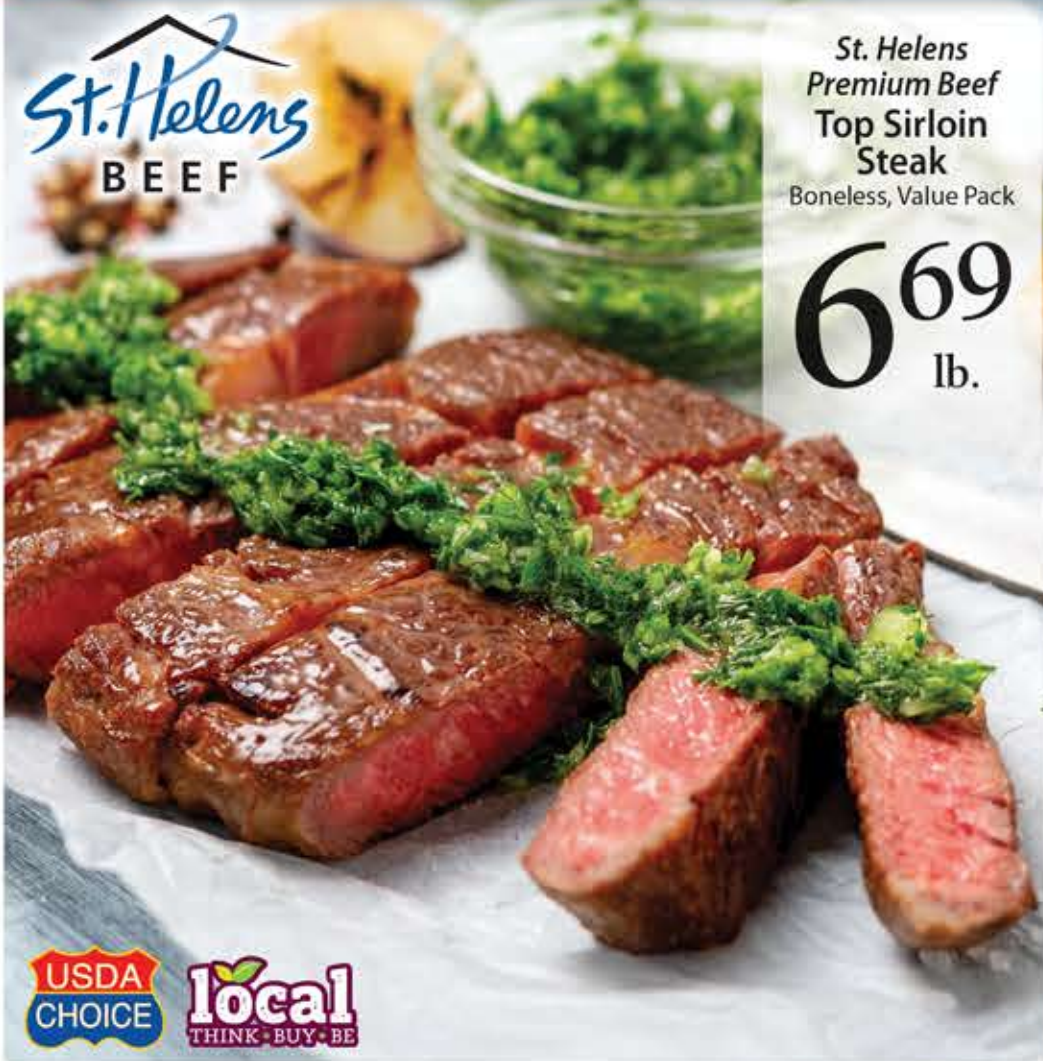
Oroweat  
English  
Muffins  
Selected  
Varieties  
6 Count

**3.49**



Olerud's Market Center & Alaska Sport Shop

# QUALITY MEATS



**St. Helens BEEF**

St. Helens Premium Beef Top Sirloin Steak  
Boneless, Value Pack

**6<sup>69</sup>** lb.

USDA CHOICE local THINK-BUY-BE



**St. Helens BEEF**

St. Helens Premium Beef Sirloin Tip Steak  
Boneless, Value Pack

**5<sup>99</sup>** lb.

USDA CHOICE local THINK-BUY-BE



WILLAMETTE VALLEY  
Meat Co.

Applewood Bacon Wrapped Chicken Breast Fillet  
Boneless

**5<sup>99</sup>** lb.

local THINK-BUY-BE



**St. Helens BEEF**

St. Helens Premium Beef Short Ribs Thin Cut Flanken Style  
Value Pack

**8<sup>19</sup>** lb.

USDA CHOICE local THINK-BUY-BE



Chicken Wings  
No Antibiotics Ever  
Value Pack

**3<sup>49</sup>** lb.



**St. Helens BEEF**

St. Helens Premium Beef Stir Fry  
Thin sliced for your convenience

**6<sup>99</sup>** lb.

USDA CHOICE local THINK-BUY-BE



local THINK-BUY-BE

Painted Hills All Natural Ground Beef Patties  
1/3 Pounders, 2 lbs.

**13<sup>49</sup>** ea.



**St. Helens BEEF**

local THINK-BUY-BE

St. Helens Premium Super Lean Ground Beef  
90% Lean, 10% Fat  
16 oz. Brick

**7<sup>49</sup>** ea.



local THINK-BUY-BE

Hill's Premium Meats Tenderbite Sausage Links  
Selected Varieties, 16 oz.

**5<sup>49</sup>** ea.



local THINK-BUY-BE

Hill's Premium Meats All Natural Ground Sausage  
Selected Varieties, 16 oz.

**4<sup>99</sup>** ea.



Land O' Frost Premium Sliced Meats  
Selected Varieties  
10 to 16 oz.

**6<sup>49</sup>** ea.

## SERVICE BAKERY

SOME ITEMS NOT AVAILABLE IN ALL STORES.



**LA BREA BAKERS**

La Brea Bakery French Demi Baguettes  
4 oz.

**2 \$3** for



two-bite Scones  
Selected Varieties  
10 oz.

**4<sup>99</sup>** ea.

## SERVICE DELI

SOME ITEMS NOT AVAILABLE IN ALL STORES.



CLASSIC DELI  
**Kretschmar**

Oven Roasted Chicken Breast

**9<sup>99</sup>** lb.

**Kretschmar**  
All Natural Swiss Cheese

**9<sup>99</sup>** lb.

PROUDLY PRODUCED IN WISCONSIN



**Aria**

Dofino HAVARTI CHEESE CREAMY

Selected Varieties  
8 oz.

**6<sup>99</sup>** ea.



**RICH'S**

Rich's Pudding & Parfait Cups  
Selected Varieties  
4.5 to 5 oz.

**2 \$6** for



ELLSWORTH CO-OPERATIVE CREAMERY

Ellsworth Fresh Cheese Curds  
Selected Varieties  
16 oz.

**5<sup>99</sup>** ea.



**Tyson**

Tyson Chicken Crisпитos

**2 \$3** for



OUR SPECIALTY

Our Specialty Sweet Mittles Cookies  
Selected Varieties  
7.25 oz.

**4<sup>49</sup>** ea.

# Savings on your Favorites

**Cinnamon Toast Crunch**  
Selected Varieties  
10.4 to 12.3 oz.  
**6<sup>99</sup>**

**Honey Nut Cheerios**  
Gluten Free  
Real Honey  
CAN HELP LOWER CHOLESTEROL\*  
AS PART OF A HEART HEALTHY DIET  
Selected Varieties  
10.4 to 12.3 oz.  
**6<sup>99</sup>**

**General Mills Cereal**  
Selected Varieties  
10.4 to 12.3 oz.  
**6<sup>99</sup>**

**Kellogg's Raisin Bran Cereal**  
Selected Varieties  
14 to 16.6 oz.  
**6<sup>99</sup>**

**Nature Valley Granola Bars**  
Selected Varieties  
6.2 to 8.94 oz.  
**5<sup>79</sup>**

**Mrs. Butterworth's or Log Cabin Syrup**  
Selected Varieties  
24 oz.  
**5<sup>79</sup>**

**Essential Everyday Apple Sauce**  
Selected Varieties  
6 Pack  
**3<sup>29</sup>**

**Cameron's Coffee**  
Selected Varieties  
10 oz. Ground, or 12 Count Pods  
**7<sup>99</sup>**

**Oroweat Bread**  
Selected Varieties  
24 oz.  
**4<sup>99</sup>**

**Nabisco Oreo 10 to 14.03 oz. or Fig Newton 10 oz. Cookies**  
Selected Varieties  
**5<sup>99</sup>**

**Frito Lay Snack Chips**  
Selected Varieties  
4.75 to 10 oz.  
**5<sup>49</sup>**

**Kool-Aid Jammers**  
Selected Varieties  
10 Pack, 6 oz. Pouches  
**4<sup>99</sup>**

**Minute Rice White or Brown Rice**  
14 oz.  
**3<sup>99</sup>**

**Kraft Macaroni & Cheese**  
Selected Varieties  
5.5 to 7.25 oz.  
**2 \$5**

**Kraft Barbecue Sauce**  
Selected Varieties  
17.5 to 18 oz.  
**3<sup>59</sup>**

**Kraft Dressing**  
Selected Varieties  
16 oz.  
**5<sup>99</sup>**

**Ball Park Hamburger or Hot Dog Buns**  
8 Count  
**3<sup>99</sup>**

**Heinz Yellow or Spicy Brown Mustard**  
14 oz.  
**2<sup>39</sup>**

**Heinz Ketchup**  
Selected Varieties  
20 oz.  
**4<sup>49</sup>**

**Essential Everyday Vegetable or Canola Oil**  
40 oz.  
**5<sup>99</sup>**

**Frank's Hot Sauce**  
Selected Varieties  
12 oz.  
**5<sup>49</sup>**

**Essential Everyday Seasoning Mix**  
Selected Varieties  
1.25 to 1.5 oz.  
**3 \$3**

**Haribo Gummies**  
Selected Varieties  
6.3 to 8 oz.  
**2<sup>79</sup>**

**ECOSNEXT Laundry Detergent Sheets**  
Selected Varieties  
50 Count  
**15<sup>99</sup>**

**Viva Paper Towels**  
Signature or Multi-Surface  
6 Rolls  
**14<sup>99</sup>**

**Irish Spring Bar Soap**  
Selected Varieties  
3 Pack  
**4<sup>79</sup>**

**Fancy Feast Cat Food**  
Selected Varieties  
1.4 oz. Pouch  
**3 \$5**

**Beggin' Strips Dog Treats**  
Selected Varieties  
6 oz.  
**4<sup>79</sup>**

## Home & Pet Values

**Simply Lemonade**  
Selected Varieties  
52 oz.  
**4<sup>49</sup>**

**Tillamook Cheese**  
Selected Varieties  
2 lbs.  
**16<sup>99</sup>**

**International Delight Iced Coffee**  
Selected Varieties  
64 oz.  
**5<sup>99</sup>**

**Planet Oat Oatmilk**  
Selected Varieties  
52 oz.  
**5<sup>99</sup>**

**I Can't Believe It's Not Butter Spread**  
Selected Varieties  
15 oz.  
**5<sup>99</sup>**

## Refrigerated Foods

**Ore-Ida Potatoes**  
Selected Varieties  
19 to 32 oz.  
**6<sup>49</sup>**

**Cool Whip Whipped Topping**  
Selected Varieties  
8 oz.  
**2<sup>99</sup>**

**Red Lobster Cheddar Bay Biscuits**  
15.66 oz.  
**6<sup>79</sup>**

**Ben & Jerry's Ice Cream**  
Selected Varieties  
15.2 to 16 oz.  
**6<sup>99</sup>**

**Van De Kamp's Fish**  
Selected Varieties  
18 to 24.6 oz.  
**8<sup>49</sup>**

Prices do not include local taxes where applicable.



Broccoli  
Crowns

**2<sup>59</sup>**  
lb.



Gold  
Pineapple

**5<sup>29</sup>**  
ea.



Red or Yellow  
Potatoes

5 lb. Bag

**4<sup>49</sup>**  
ea.

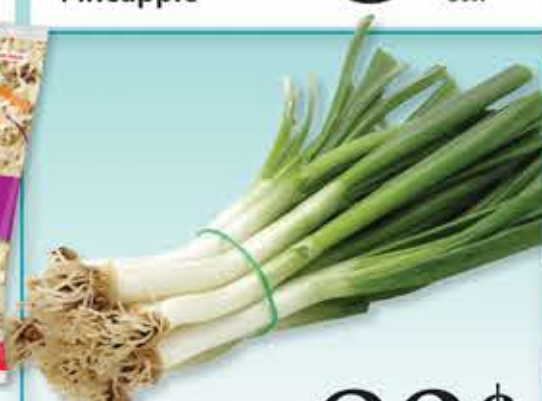
**local**  
THINK-BUY-BE



Fresh Express  
3 Color Deli Coleslaw

14 oz.

**2<sup>49</sup>**  
ea.



Green Onions  
Bunch

**89¢**  
ea.



English  
Cucumbers

**2\$4**  
for



Organic  
Green Kale  
Bunch

**2<sup>99</sup>**  
ea.



Organic  
Envy Apples

**local**  
THINK-BUY-BE

**2<sup>49</sup>**  
lb.



Organic  
White  
Mushrooms

6 oz. Whole or 7 oz. Sliced

**3<sup>49</sup>**  
ea.

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market center

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